### <u>Nami Migizi</u> <u>Nangwiihgan</u>

Domestic violence, sexual assault, trafficking and stalking can affect anyone regardless of race, culture, sex, and/or age. Nami Migizi Nangwiihgan provides assistance for anyone who has been affected by violence in their life.



Nami Migizi Nangwiihgan Services are provided in a confidential and culturally sensitive environment.

- Individual Therapy
- Case Management
- Therapeutic Support Groups
- Education and Outreach
- Batterer Intervention
  Program

All contact with the Behavioral Health Programs of the Saginaw Chippewa Indian Tribe of Michigan are strictly confidential according to federal regulations, C.F.R. 42.

## **Other Resource**

## **Information**

Tribal Police: (898)775-4700 ACFS: (989)775-4025 Nimkee Clinic: (989)775-4600 Strong Hearts Native Helpline 1-844-762-8483

> Women's Aid Services: (844)349-6177

National Child Abuse Hotline: 1-800-422-4453

National Domestic Violence Hotline: 1-800-799-7233

National Teen Dating Abuse Hotline: 1-866-331-9474

National Suicide Prevention Lifeline: 1-800-273-8255

Rape, Abuse & Incest National Network: 1-800-656-4673

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# Saginaw Chippewa Indian Tribe of Michigan



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#### **Mission Statement**

The purpose of the Saginaw Chippewa Tribe of Michigan's Nami Migizi Nangwiihgan (NMN) Services is to assist those affected by domestic violence, sexual assault, trafficking and/or stalking in finding their path without abuse.

Individuals will be assessed by NMN staff to identify needs in support of our mission. Those needs are addressed by NMN staff and also by connecting with other local organizations. We are dedicated to providing services that ensure the physical, mental, spiritual and emotional well being of anyone victimized by violence. In the quest to achieve balance and independence, we focus treatment on healing, moving beyond through establishing a support network of both services and resources.

#### **Support Services**

For many people, finding the right resources and services they need can be complex and confusing. Our case manager and support service staff can assist you with connecting with the appropriate community resources to meet your changing needs.

#### **Sexual Assault Services**

Presence of an advocate is available 24/7 by contacting Tribal Dispatch and requesting the on-call worker. SANE trained nurses are available to perform medical examinations on victims to assist with evidence collection. Individual therapy is provided to assist survivors.

#### **Safety Planning**

Our staff is dedicated to assisting individuals in preparing to leave violent situations. Knowledge is shared on how to safely exit a violent relationship is essential support to victims whose quest it is to become survivors. Leaving is never an easy decision, so allow us to help you feel more prepared with a comprehensive safety plan before you leave.

#### **Counseling**

Individual and/or group counseling is available for native and non-native victims of domestic violence, sexual assault, and stalking to help cope with the abuse they are facing. Support groups are offered and all counseling is voluntary.

## Education and Outreach

NMNstaff are available to provide education about domestic violence, sexual assault, and stalking to providers and community groups. Presentations provided are based upon group needs.

#### **Batterer**

#### **Intervention Group**

Groups to teach Batterers new skills that are in support of non-violent ways to interact with their partners and manage emotions.